

## **When Spirit Operates in Your Life**

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This is the true story of a young girl following Spirit into adulthood. Imagine talking to the little animals and critters that you lived with. She could...She would spend her time quietly in her San Francisco backyard when no one was around sending messages and thoughts to the woodpeckers, flickers and robins that lived there. They would come down and play on the ground at her level just sitting there with her for hours. Her cats would always be near and yet, no one was harmed, neither the birds nor the cats.

### **Growing up with a telepathic connection with plants and animals**

In kindergarten there was her pet garter snakes and fish that she befriended and again she would sit quietly and absolutely still so that she didn't disturb the little snake coiled up in her hands. Hour after hour would go by and the teachers would get frustrated that she would not participate with the rest of the class. Gazing into the fish tank, she named each fish and knew who their friends were. They seemed to know her too, and would come close to the glass when she was there and would watch her as she watched them. Time went by and this gift got lost in the demands of school, family and the responsibilities of growing up. She protested the change, but lost the battle. There were little things though that kept the glimmer alive.

The family moved to a large old home in the country that had many steps and a big pool. Deer lived here and they would come and drink out of the pool and listen smelling the air for their favorite food the loquats in the front yard. She sat by the pool with her deer friends and would sit quietly on the steps watching them climb up the side of the house to get the loquats. Her brother's pet turtle escaped and found himself outside on the hot bricks, feeling sorry for the turtle, she showed him how to walk down the steps – the turtle learned - and from that day on it had freedom to go wherever it wanted to in the yard if it was out. Her new home had a large yard and she became a farmer raising vegetables for the family which she sold. She talked to these plants too and knew their spirits and would ask them how they were doing just like she talked to everything else. The fun episodes became few and far between.

### **Becoming a Psychic as a Teenager**

As a young teenager, her mother for Christmas one year gave her an interesting present, a tarot deck of fortune telling cards. Mom thought that she "might find these interesting." She indeed did, spending all of her spare time trying to make sense of them and then using them to predict her friend's futures. This proved to be a cruel trick because she was too accurate and she knew what was going to happen long before anyone else did. She could hear a voice telling her what things meant. When she asked her friends they always denied that the information she told them was true - only later did they tell her the truth about what she had told them originally. She would read her friends cards at high school to pass the time because she was not interested in school at all. This was not fun and so she put them away for many years.

The teenage years were full of sadness and unmet expectations, stupid kid stuff, parental involvement in things they didn't understand and then "young adulthood." A former high school classmate came to work at her parents home and he did weird things – like talking to candles and telling her that the represented gods and goddesses. She became fascinated again that perhaps something spiritual was again taking place in her world. She watched and listened as he spoke

and sent telepathic messages to the gods and goddesses through the candles – the flames would dance, writhe and smoke and you knew they were responding to you!!! He became her boyfriend and she spent years learning from him about Spirit and Nature. She again had contact with her animal kingdom – a praying mantis one night showed her how it could walk up a straight wall by “gluing its feet with its saliva making a suction fit.” How wonderful nature is. Then she began to have visits from the gods and goddesses where she could actually physically see them and this excited her. Shamans came into her world and it seemed that she had opened to spirit once again...

### **Discovering her Life Purpose**

As an adult, life became difficult again and her emotions wreaked havoc in her life – depression, many car wrecks, and she didn’t feel like living. When she reached out for help she went through a series of workshops and during one of those, a meditation, she left her body and went to a peaceful meadow where she felt totally at Home and she didn’t want to leave. Choking and trying to not make a scene, gradually she started breathing again and writhing on the floor as she came back into her body. After this she, wanted to delve deeper into Spirit again and learned about hypnotherapy and past life regressions, trying to make sense of this life from what had gone before and from a much larger perspective of consciousness.

Many years later, there was an unexpected meeting with Jesus Christ in a hotel room. Exhausted, she had checked into a hotel room in Lexington, Kentucky and she couldn’t be still. She turned on the television, reached for a newspaper, went out to eat and still was anxious. With nothing else to do, she reached into the drawer of the nightstand and pulled out the Bible. Reading it, immediately a golden presence filled the room with warmth and Light and asked her a simple question, “What are you so afraid of?” She responded, flying and her death, Jesus hugged her and said that she never needed to fear because if she died he would be there with her and nothing would happen to her. With this, she had peace, went to sleep and never feared another airplane.

### **Guidance from Spirit Guides and Angels**

Her own desire was to return to her roots in Spirit and Nature – to the deep connection she felt with all living things. *But how?* Over the years, she had developed her intuition, the ability to “see” in many ways and to hear things not spoken. She helped others learn of their spiritual and unique selves and taught them how to reach for the Divine in this and other worlds. During one of these classes, some of her students, strangers at first, offered to buy her a home...She couldn’t believe their offer was true, but indeed they were serious, but the “Gypsy” had no idea what she wanted in a home. So again, she asked Spirit to “Guide and Direct her.” She heard their exact instructions: a four bedroom, two bath home, on a creek, fenced with a yard and on a walking trail so that she could take her little dog walking. She questioned the purpose of this home and its size and Spirit answered, “One bedroom is for you, one is an office, one is for visitors and one is a healing room. This is a Light Center for people to experience a sense of peace and well being for themselves.” The house located at 4143 Chaucer Drive was just such a place in Gingerbread land. It was hers on the first day and it fit all of her criteria!!!

Now she talked with Nature again, asking what she should do with her home and property? She waited patiently until she received answers before she did anything and then it was always right and perfect. Her view was that “she was just a steward and was following Their instructions.” At 42, she was ready for a bigger piece of land – but where and why? She asked Spirit again and was lead to a 20 acre piece of property on top of a mountain where she sees over the entire Great

Valley and she really, really wanted the piece across the road and by luck, five years later, that too became hers.

### **Right Livelihood and the Birth of Spirit and Nature Farm**

She has grand visions while working in the yard and asking Spirit what this land is for to see a park for the community long after she is dead and gone. A park that shows people how to take care of Nature, a place where the Devas live and grow, where Nature is wild and welcome – there are many deer, mountain lion, bear, rattlesnakes, skunks, fox, coyotes, wild turkey and the occasional eagle that call this area home. A place where people learn to be mindful of Nature and learn how to work with Nature and Spirit.

Close to 50, she does what Spirit and Nature tell her to do on her land and in her life. She waits for Their messages before she acts. Her land, Spirit and Nature Farm, is occupied by her longtime friend, a Spiritual mentor, JDH, her seven dogs, six cats, two llamas, several chickens and many, many red composting worms. Spirit treats her well and again she wants to be a farmer.

We will see where Spirit and Nature want take her in the decades to come....

Visit her website at [www.insightfulrunes.com](http://www.insightfulrunes.com) and get a free rune reading to see how the runes work as she spoke of.